

## New Online/FLEX Schedule:

**Educational Balance:** It is important to create a balanced educational environment. Strong academics are vital as the foundation upon which subsequent years are built. They should account for the bulk of educational time. However, hands-on, interest-driven educational activities are also important. This Online/FLEX Schedule is designed to promote opportunity for both.

**What is an Online/FLEX Schedule?** It is a weekly schedule that gives the student and parent more flexibility with 4-Online days and 1-Flex Day weekly. **(Students need all 5 days.)**

**What are Online Educational Days?** Mondays-Thursdays (During certain holiday weeks and the last day of each semester, the schedule will be varied.)

**What are FLEX Days?** FLEX Days (Flexible Learning Experience Days) are educational days for varied and hands-on learning experiences.

Parent-directed educational activities	Reading & story time	PE	Volunteerism or community service
Co-op classes & activities	Poetry and memorization	Life skills	Work-related studies
Field trips	Creative writing and journaling	Culinary arts	Career development
Research	Fine Art (Art, music, theatre, etc.)	Agriculture, Agriscience, 4-H	College planning & exploration
Make up work	Piano classes	Home economics (Sewing, painting, etc.)	ACT Prep.
Homework or study of online classes	Guitar classes	Computer skills & typing	Logic
Study of current events	Violin classes (Any instrument)	IT classes or training	Vocational Classes: (Construction, machine shop, auto-mechanics, cosmetology, welding, graphic design, etc.)
Geography (identification and memorization)	Voice	Graphic art & animation	
Study of historical figures	Chorus	Bible study	
Science labs	Library	Foreign language	

**Meeting the 180, 6.5 hour Educational Requirement in the Online/FLEX Schedule:** There are 144 Online Days, 36 FLEX Days, 5 Fall Break days, and 5 Spring Break days.

**What Parents Need to Do:** There are about **20 FLEX Day** opportunities for each semester. (36 total required for the year)

- **Oversee** and ensure your student is in proper attendance for both online-educational and FLEX days.
- **Document!** Use the attached forms to record FLEX Day activities.
- **Pages 2-3:** Fill in the Year/Semester and your student's name.
- **Pages 2-3:** Add the date each week - should align with the FLEX Day calendar.
- **Pages 2-3:** Check the boxes that align with student's activities for that day.
- **Pages 2-3:** Detail the information in the box provided. (Do not write more than the space will hold.)
- **Page 4:** If student takes parent-directed or co-op classes, report the information and submit them together if possible.
- **Submit** the forms by **December 21 (Fall semester)** and **May 21 (Spring semester)** for us to count the days.
- **Email** completed forms to [NHAOnlineClasses@gmail.com](mailto:NHAOnlineClasses@gmail.com) by deadline.

Flex Day 1		
Choose Date:	8/11/2023	
EXAMPLE		
Activities:	Ck	Details: List activities below.
Co-op Classes	<input checked="" type="checkbox"/>	Coop Classes: HELP
Makeup Day	<input type="checkbox"/>	
Fieldtrip/Library	<input type="checkbox"/>	Library visit
Reading/Research	<input checked="" type="checkbox"/>	Reading "Patrick Henry: Firebrand of the Revolution"
Journaling/Writing	<input type="checkbox"/>	
Science Lab	<input type="checkbox"/>	
Agriculture/4-H	<input type="checkbox"/>	PE: Dance
Life Skills/Home Econ.	<input type="checkbox"/>	
PE/Health/Dr. Ed.	<input checked="" type="checkbox"/>	Piano practice
Art/Music/Theatre	<input checked="" type="checkbox"/>	
Volunteerism	<input type="checkbox"/>	
Job & Career Dev.	<input type="checkbox"/>	
Other	<input type="checkbox"/>	

# Flex Days Journal

Year/Semester:

Student's Name:

	Flex Day 1	Flex Day 2	Flex Day 3	Flex Day 4	Flex Day 5
<b>Date:</b>					

Activities:	Ck	Details: List activities below.	Ck	Details: List activities below.	Ck	Details: List activities below.	Ck	Details: List activities below.	Ck	Details: List activities below.
Co-op Classes										
Makeup Day										
Fieldtrip/Library										
Reading/Research										
Journaling/Writing										
Science Lab										
Agriculture/4-H										
Life Skills/Home Econ.										
PE/Health/Dr. Ed.										
Art/Music/Theatre										
Volunteerism										
Job & Career Dev.										
Other										

	Flex Day 6	Flex Day 7	Flex Day 8	Flex Day 9	Flex Day 10
<b>Date:</b>					

Activities:	Ck	Details: List activities below.	Ck	Details: List activities below.	Ck	Details: List activities below.	Ck	Details: List activities below.	Ck	Details: List activities below.
Co-op Classes										
Makeup Day										
Fieldtrip/Library										
Reading/Research										
Journaling/Writing										
Science Lab										
Agriculture/4-H										
Life Skills/Home Econ.										
PE/Health/Dr. Ed.										
Art/Music/Theatre										
Volunteerism										
Job & Career Dev.										
Other										

# Flex Days Journal

Year/Semester:

Student's Name:

	Flex Day 11	Flex Day 12	Flex Day 13	Flex Day 14	Flex Day 15
<b>Date:</b>					

Activities:	Ck Details: List activities below.	Ck Details: List activities below.	Ck Details: List activities below.	Ck Details: List activities below.	Ck Details: List activities below.
Co-op Classes					
Makeup Day					
Fieldtrip/Library					
Reading/Research					
Journaling/Writing					
Science Lab					
Agriculture/4-H					
Life Skills/Home Econ.					
PE/Health/Dr. Ed.					
Art/Music/Theatre					
Volunteerism					
Job & Career Dev.					
Other					

	Flex Day 16	Flex Day 17	Flex Day 18	Flex Day 19	Flex Day 20
<b>Date:</b>					

Activities:	Ck Details: List activities below.	Ck Details: List activities below.	Ck Details: List activities below.	Ck Details: List activities below.	Ck Details: List activities below.
Co-op Classes					
Makeup Day					
Fieldtrip/Library					
Reading/Research					
Journaling/Writing					
Science Lab					
Agriculture/4-H					
Life Skills/Home Econ.					
PE/Health/Dr. Ed.					
Art/Music/Theatre					
Volunteerism					
Job & Career Dev.					
Other					

